

CB-BK WE2 2026: Session: 1: COACH evaluation sheet for TEAM: TIME

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van Quaethem David HEADCOACH

Coaches: Herreman Kurt

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 400M FREESTYLE WOMEN 15-18 Heat:2, starttime: 08:35

Heat: 2/5 Lane : 6 Athlete: DEVOLDER YELENA Q-time: 04:45:07

PB (50m pool): 04:45.07 Antwerpen 19/04/2026 PB (25m pool): 04:40.76 SB: 04:45.07 Antwerpen 19/04/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:32.89	01:09.44	01:45.90	02:23.25	02:59.73	03:36.40	04:11.42	04:45.07
	00:32.89	00:36.55	00:36.46	00:37.35	00:36.48	00:36.67	00:35.02	00:33.65
								

Coach feedback:

Event number: 2: 100M BUTTERFLY MEN 15+ Heat:11, starttime: 09:12

Heat: 11/12 Lane : 1 Athlete: DRUWEL MAURO Q-time: 00:58:42

PB (50m pool): 00:58.42 Brugge 01/02/2026 PB (25m pool): 00:57.53 SB: 00:58.42 Brugge 01/02/2026

	5 0 M	1 0 0 M	
PB	00:27.22	00:58.42	
	00:27.22	00:31.20	
			

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 15+ Heat:4, starttime: 09:20

Heat: 4/16 Lane : 1 Athlete: DRUWEL NORA Q-time: 00:34:62

PB (50m pool): 00:34.62 Brugge 01/02/2026 PB (25m pool): no time SB: 00:34.62 Brugge 01/02/2026

	5 0 M	
PB	00:34.62	
	00:34.62	
		

Coach feedback:

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Event number: 3: 50M BACKSTROKE WOMEN 15+							Heat:11, starttime: 09:31	
Heat: 11/16 Lane : 3 Athlete: LANDUYT ANNA-LUCIA							Q-time: 00:32:96	
PB (50m pool): 00:32.96 Antwerpen 27/07/2025				PB (25m pool): 00:31.83 SB: 00:33.37 Antwerpen 22/03/2026				
	5 0 M							
PB	00:32.96							
	00:32.96							
								

Coach feedback:

Event number: 4: 400M MEDLEY MEN 15-18							Heat:3, starttime: 09:52	
Heat: 3/5 Lane : 5 Athlete: TACQ NATHAN							Q-time: 05:08:29	
PB (50m pool): 05:08.29 Brugge 01/02/2026				PB (25m pool): 04:53.30SB: 05:08.29 Brugge 01/02/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:34.61	01:15.06	01:55.20	02:35.83	03:17.73	04:00.45	04:35.26	05:08.29
	00:34.61	00:40.45	00:40.14	00:40.63	00:41.90	00:42.72	00:34.81	00:33.03
								

Coach feedback:

Event number: 8: 100M BREASTSTROKE MEN 15+							Heat:1, starttime: 11:27	
Heat: 1/12 Lane : 5 Athlete: BAEYENS WARRE							Q-time: 01:16:54	
PB (50m pool): 01:16.54 Antwerpen 15/03/2026				PB (25m pool): 01:15.70SB: 01:16.54 Antwerpen 15/03/2026				
	5 0 M	1 0 0 M						
PB	00:35.65	01:16.54						
	00:35.65	00:40.89						
								

Coach feedback:

Event number: 8: 100M BREASTSTROKE MEN 15+							Heat:3, starttime: 11:31		
Heat: 3/12 Lane : 7 Athlete: TACQ NATHAN							Q-time: 01:14:68		
PB (50m pool): 01:14.68 Brugge 01/02/2026				PB (25m pool): 01:15.11SB: 01:14.68 Brugge 01/02/2026					
	5 0 M	1 0 0 M							
PB	00:35.39	01:14.68							
	00:35.39	00:39.29							
									

Coach feedback:

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Event number: 12: 1500M FREESTYLE MEN 15-16							Heat:1, starttime: 12:42	
Heat: 1/2 Lane : 3 Athlete: BAEYENS WARRE							Q-time: 18:04:88	
PB (50m pool): 18:04.88 Antwerpen 20/07/2025				PB (25m pool): 17:45.16SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:32.23	01:07.75	01:43.75	02:19.58	02:56.11	03:32.24	04:08.85	04:45.37
	00:32.23	00:35.52	00:36.00	00:35.83	00:36.53	00:36.13	00:36.61	00:36.52
								
	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB	05:22.21	05:58.72	06:35.65	07:12.39	07:49.11	08:25.77	09:03.06	09:39.28
	00:36.84	00:36.51	00:36.93	00:36.74	00:36.72	00:36.66	00:37.29	00:36.22
								
	8 5 0 M	9 0 0 M	9 5 0 M	1 0 0 0 M	1 0 5 0 M	1 1 0 0 M	1 1 5 0 M	1 2 0 0 M
PB	10:15.91	10:52.45	11:29.15	12:05.81	12:42.97	13:18.80	13:55.14	14:31.17
	00:36.63	00:36.54	00:36.70	00:36.66	00:37.16	00:35.83	00:36.34	00:36.03
								
	1 1 5 0 M	1 3 0 0 M	1 3 5 0 M	1 4 0 0 M	1 4 5 0 M	1 5 0 0 M		
PB	15:06.89	15:42.98	16:19.08	16:55.19	17:30.83	18:04.88		
	00:35.72	00:36.09	00:36.10	00:36.11	00:35.64	00:34.05		
								

Coach feedback: